



THE WINDMILL

GLUTEN FREE MENU

STARTERS


PRAWN COCKTAIL <i>Served with a salad garnish and gluten free bread</i>	£5.75
SOUP OF THE DAY	£4.25
POTATO SKINS <i>Topped with cheese and served with Garlic Mayo and Salsa</i>	£4.95
CHICKEN LIVER PATE <i>Served with a salad garnish, gluten free toast & butter</i>	£5.50

MAINS COURSES

COLD HAM, EGG & CHIPS	£9.45
PLAIN CHICKEN BREAST <i>Served with salad & chips or potatoes of the day</i>	£9.75
BRAISED STEAK in gluten free gravy <i>Served with vegetables & chips or potatoes of the day</i>	£9.95
LAMB SHANK in a rich minted gluten free gravy <i>Served with vegetables & chips or potatoes of the day</i>	£11.25
ITALIAN TOMATO CHICKEN <i>Grilled chicken breast topped with Italian tomato sauce</i>	£9.95
SAUSAGE AND MASH <i>Served with Gluten Free Gravy</i>	£9.50

FISH DISHES

LARGE PRAWN COCKTAIL <i>Served with a salad garnish, wedge of lemon & tartar sauce</i>	£9.95
POACHED SALMON <i>Served with a salad garnish, wedge of lemon & tartar sauce</i>	£9.75
OVEN BAKED HADDOCK <i>Served with garden or mushy peas & a wedge of lemon & tartar sauce</i>	£10.25





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STEAKS

8oz PRIME SIRLOIN STEAK	£13.95
12oz PRIME RIB-EYE STEAK	£16.75
16oz PRIME RUMP STEAK	£16.95
12oz GAMMON STEAK with egg or pineapple	£10.95

*All served with Mushrooms, Tomatoes, Peas, Chips or Potatoes of the Day
Givendale Prime Steaks from Burton Butchers of Pocklington*

VEGETARIAN

SWEET POTATO AND LENTIL CURRY	£9.75
<i>Served with rice, chips or ½ and ½</i>	
MUSHROOM AND MASCAPONE LASAGNE	£9.75
<i>Served with chips or potatoes of the day</i>	

Gluten free Desserts are available please ask you server for your choices

***Some of our products may contain nuts or nut derivatives, the fish may contain bones
and all items are subject to availability***

